



Contemplative Outreach of Greater Vancouver

An Advent “Taste of Silence” Retreat

Saturday, December 2nd, 2017

You are invited to a personal retreat day, a taste of silence during this sacred time of year. Please join us for an opportunity to be alone with God in the presence of others in our Centering Prayer community.

The schedule will include Centering Prayer periods, Lectio Divina practice in community and personal retreat time for sacred reading, reflection and walking.

Time: 9:30 a.m. to 3:30 pm Registration and refreshments at 9:30 am.
Silence begins at 10:00 am.

Location: Gloria Dei Lutheran Church
110 Gladwin Drive, North Vancouver. V7R 1A2
(Just off Highway 1 before Capilano Rd., heading west.)

Lunch: A simple meal of soup and bread will be provided, along with refreshments throughout the day.

Suggested Donation: \$25.00

A contribution of any amount, in accordance with your means, is appreciated to cover costs of facility rental, lunch and refreshments.

You may want to bring your journal and any other contemplative tools that enrich and inspire you.

Layered clothing works best as room temperature can vary. There are lovely forest walks nearby as well.

Please register in advance by emailing Christine Kesans at chris.kesans@gmail.com, or calling 604 604 944 7447

Contemplative Outreach of Greater Vancouver is a chapter of Contemplative Outreach Ltd., which supports the practice of Centering Prayer in 143 countries. “We identify with the Christian contemplative heritage and recognize this to be the common ground of Christian unity.” For more information, please visit our website <http://www.cogv.org>.