

An Introduction TO CENTERING PRAYER



Our real journey in life is interior. It is a matter of growth , deepening and of an ever greater surrender to the creative action of love and grace in our hearts. Thomas Merton.

**Workshop:
Saturday, May 6, 2017**

**Registration: 9:30 am
Instruction & Practice: 10:00am – 2:30 pm**

Location: Port Coquitlam

**Deepening the Practice
Thursday evenings at 7:30 p.m.
May 11, 18, 25, June 1, June 8, 15**

Location: Coquitlam

**Cost: \$30 Includes Workshop and
Continuing Sessions (lunch
provided at Workshop)**

Advance Registration is Required

*Be Still
and Know that I am God.
Psalm 46.10*



The Introduction to Centering Prayer Program offers the opportunity to explore a deep reflective practice of silent prayer based on the rich wisdom teaching of the Christian contemplative tradition.

Presented by **Contemplative Outreach of Greater Vancouver**, a chapter of **Contemplative Outreach Ltd.** which supports the practice of Centering Prayer worldwide.

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Please register early as space is limited. Cheques payable to Contemplative Outreach of Greater Vancouver. Send c/o Christine Kesans, #210, 3280 Plateau Blvd., Coquitlam, BC V3E 3J5