

An Introduction TO CENTERING PRAYER



Our real journey in life is interior. It is a matter of growth, deepening and of an ever greater surrender to the creative action of love and grace in our hearts.
Thomas Merton.

Workshop:
Saturday, October 21, 2017

Registration: 9:30 am
Instruction & Practice: 10:00am – 2:30 pm

Location: Coquitlam

Deepening the Practice
Six Continuing Sessions 7:00 p.m.
Thursdays Oct.26, Nov.2, 9, 16, 23, & 30.

Location: Coquitlam

**Cost: \$40 Includes Workshop and
Continuing Sessions (lunch
provided at Workshop)**

Advance Registration is Required

*Be Still
and Know that I am God.
Psalm 46.10*



The Introduction to Centering Prayer Program offers the opportunity to explore a deep reflective practice of silent prayer based on the rich wisdom teaching of the Christian contemplative tradition.

Presented by Contemplative Outreach of Greater Vancouver, a chapter of Contemplative Outreach Ltd. which supports the practice of Centering Prayer worldwide.

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Please register early as space is limited. Cheques payable to Contemplative Outreach of Greater Vancouver. Send c/o Christine Kesans, #210, 3280 Plateau Blvd., Coquitlam, BC V3E 3J5