



CONTEMPLATIVE OUTREACH OF GREATER VANCOUVER

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We invite you to join us for :

Seeking God Together – A Soul Friending Workshop for Centering Prayers with Cherry Haisten



Saturday, February 9, 2019

Soul friending is a way to extend the consent practiced in Centering Prayer beyond the presence and action of God within ourselves to the presence and action of God in each other. We will explore how consenting to God can go beyond our Centering Prayer practice to the practice of soul friending and to all of our lives. The workshop will include some history of soul friending, the soul friending process, and the fruits of practice. Our day will include time for practicing our consent in centering prayer as well as in soul friending.

The workshop is especially appropriate for those who do or are drawn to Centering Prayer and is especially helpful for those in Centering Prayer groups.



After serving for 15 years as Program Director of The Center at St. Andrew's, a healing and lifelong learning ministry of St. Andrew's Episcopal Church, Seattle, Cherry Haisten was recently named Lay Pastor of Taizé-at-St.-Andrew's. Her role at The Center is now Contemplative Ministries Coordinator. She also serves as a Eucharistic minister, healing minister, and licensed lay preacher. A teacher of centering prayer, welcoming prayer, and related contemplative practices, she leads workshops and retreats nationally. She has served in leadership of Contemplative Outreach Northwest since 1996 and on the welcoming prayer service team of Contemplative Outreach International Resource Faculty since 2005. From her home on Capitol Hill, she often walked to Seattle University School of Theology and Ministry to complete a Master of Arts in Transforming Spirituality.

9.00am - Gathering and Refreshments

9:30 am – 4.00 pm **Workshop**

Location: Our Lady of Fatima Parish - 315 Walker Street, Coquitlam, B.C. V3K 4C7

Lunch: A simple lunch with soup and bread will be provided, with some gluten, dairy free and vegetarian options.

Layered clothing works best as room temperatures can vary.

To register (Please send in your registration by **February 4, 2019**):

Cost: \$40.00 Please send a cheque payable to **COGV**,

To Christine Kesans: 210-3280 Plateau Blvd, Coquitlam, BC. V3E 3J5. Please include your:

Name: _____ email: _____

Practice Group/Independent: _____ Phone: _____

For further information contact Christine: chris.kesans@gmail.com or 604-944-7447

Contemplative Outreach of Greater Vancouver is a chapter of Contemplative Outreach Ltd., which supports the practice of Centering Prayer in 27 countries. "We identify with the Christian contemplative heritage and recognise this to be the common ground of Christian unity" For more information, please visit our website at <http://www.cogv.org>