



# Contemplative Outreach of Greater Vancouver

Please join us on  
Saturday March 5, 2022- Via Zoom

Together as One



United in Prayer Day

- 8.30 am** Gathering and introduction  
9:00 20-minute period of Centering Prayer followed by video segment  
9.45 Breakout session  
10:15 Coffee Break  
10:30 Large group sharing  
10.45 25-minute period of Centering Prayer followed by Lectio Divina  
11.30 Large group sharing and closing  
**12:00 pm** Zoom closes

(After lunch you may wish to join the global community. ..." In the global unity of silence as God's first language, we honor Fr. Thomas Keating's birthday (March 7) and the growing presence of Christ among us." Join at any time, as many times as you are able. Each hour will begin with at least 20 minutes of Centering Prayer, followed by an offering from the hosting group, which may include a video segment, the practice of Lectio Divina, selected readings, community sharing, chanting, etc. A schedule of each group's offering will be posted soon along with the Zoom link to participate.)

**COGV Registration:** Please register in advance to receive the ZOOM link by contacting **Margaret Huggan: mhuggan@telus.net**

**Donation:** A contribution of any amount in accordance with your means is appreciated.

**Please make cheques payable to COGV and mail your cheque to Margaret Huggan**

208-3980 Carrigan Court, Burnaby, BC, V3N 4S6 or send in an e-transfer to mhuggan@telus.net

A Tithe of what we receive will be given to CO Ltd

*Contemplative Outreach of Greater Vancouver is a chapter of Contemplative Outreach which is an international, interdenominational community of individuals and small prayer groups committed to living the contemplative dimension of the Gospel in everyday life. A commitment to the daily practice of Centering Prayer is the primary expression of belonging, which transcends geographical, cultural, and religious differences. Today, Contemplative Outreach annually supports over 90 active contemplative chapters in 39 countries serving over 800 prayer groups.*

For more information, please visit our website <http://www.cogv.org>