



Contemplative Outreach of Greater Vancouver



*Be still and know that I am God
Psalm 46.10*

Introduction to Centering Prayer Program

At St Philip's Anglican Church

3737 West 27th Avenue, Vancouver BC

Workshop: Saturday September 24th 9.30am to 2.30pm

Continuing sessions: In person or may move to zoom if advised.

Mondays, 7pm – 8.30pm: September 26th , October 3rd , 17th , and 24th

The Introduction to Centering Prayer Program offers the opportunity to explore a deep reflective practice of silent prayer based on the rich wisdom teaching of the Christian contemplative tradition.

Presented by: Contemplative Outreach of Greater Vancouver

Hosted by: St Philips Centering Prayer Group

Please pre-register by September 16th - Limited space available

Suggested Donation \$50 – by cheque or e-transaction

All donations support the work of COGV

Bursaries available upon request.

For further information and to Register Contact Christine Kesans

Phone 604-944-7447 or chris.kesans@gmail.com

Cheque/Money Order payable to COGV and mailed to

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