



Contemplative Outreach of Greater Vancouver

Upcoming Events 2024

Saturday, October 19th - A Taste of Silence
at Inlet United Church 2315 Spring St, Port Moody, BC

Saturday, December 7th - An Advent Taste of Silence
at St Philip's Anglican Church 3737 West 27th Avenue, Vancouver, BC



Save the Dates 2025

Saturday, January 4th, Celebrating Epiphany
with the Introduction to Centering Prayer Program
at St Catherine's Anglican Church 1058 Ridgewood Dr., North Vancouver, BC

Saturday, February 22nd, Enrichment Day via Zoom 9am – 3pm
Living into The Beatitudes
with guest speaker: Dr. Ron Dart, BA, DCS, MCS, MA. Ron is the author of
'The Beatitudes - When Mountain meets Valley'.

United in Prayer Day - Global offering via Zoom
New dates: March 14th and 15th

Spring Taste of Silence
Details to follow.

Monday, June 2nd to Saturday June 7th
Annual Centering Prayer Silent Retreat Dual track: Intensive and Post Intensive
at Bethlehem Retreat Centre, Nanaimo, BC



Coordinating Team

Christine Kesans: chris.kesans@gmail.com or 604-944-7447

Margaret Huggan: mhuggan@telus.net or 778-839-8885

Julie Pichur: juliepichur@gmail.com

Katherine Murray: katherine.murray22@gmail.com

COGV Website: www.cogv.org