

3-week Centering Prayer
And Video Series - Transformative Listening:
"Whose Voice Are We Listening To?"
Wednesdays 6am to 7am
July 30th, August 6th & 13th, 2025
All are Welcome – Come as you are!



Peace Garden by Dominique Hurley

Sharing these 3 video teachings and praying in community is a joy,
a challenge and an opportunity to grow:

Week 1 - Abbot Joseph Boyle

Week 2 - Father Thomas Keating

Week 3 - Panel Discussion facilitated by Gail Fitzpatrick-Hopler

Morning Schedule

5.45am Zoom Room opens with music

6am – 20 – 25 minutes Centering Prayer

Video Teaching

Holy Listening, Sacred Sharing

Zoom closes no later than 7am.

For further information, zoom link and to register your intention to attend,
please contact Christine: chris.kesans@gmail.com
or 604-817-6840 – please leave a message