

THE LABYRINTH AT OUR SAVIOUR, RICHMOND
& THE CENACLE CENTERING PRAYER GROUP
WITH CONTEMPLATIVE OUTREACH OF GREATER VANCOUVER

We invite you to A Taste of Silence Retreat Day
6340 Number 4 Road, Richmond, BC, V6Y 2S9
Map: <https://oursaviour.ca/contact/>
Saturday, May 2nd, 2026



The Labyrinth @
Our Saviour

Come! Set apart a day to refresh, re-create, and recommit to God-centred living in an atmosphere that encourages inner solitude and inner silence. The opportunity for centering prayer in community is a gift in itself. We often experience more profound silence, within which the Spirit connects us in love.

Registration: 9:30 a.m. Refreshments and Connecting in Community.

Retreat/Silence: 10:00 am - 2:30 pm

Lunch: A simple lunch will be provided

Program: Centering Prayer in community. Lectio Divina, and Personal retreat time with enough space for you to enjoy the Labyrinth.

The focus of the day will be on our individual and personal relationship with God. We encourage you to bring along a journal and any other contemplative tools which enrich and inspire you, such as Daily Meditations, Psalms for Praying, other Scripture, and sacred works, beads, etc.

Layered clothing works best as room temperatures can vary.

Suggested Donation: \$30

A contribution of **any amount**, in accordance with your means, is appreciated to help cover costs of facility, snacks and refreshments, and the work of COGV.

To register your Intention to attend: email or call Margaret Huggan: mhuggan@telus.net
or 778-839-8885

Donations: my be made on the day with cash or cheque or prior by e-transaction:
mhuggan@telus.net

For further information Contact: Christine Kesans: chris.kesans@gmail.com

Contemplative Outreach of Greater Vancouver is a chapter of Contemplative Outreach Ltd., which supports the practice of Centering Prayer Worldwide. "We identify with the Christian contemplative heritage and recognise this to be the common ground of Christian unity." For more information, please visit our website at <http://www.cogv.org>