



An Advent Silent Centering Prayer Retreat
Contemplative Outreach of Greater Vancouver
Friday, Dec. 11th – Sunday, Dec. 13th, 2026
at Rivendell Retreat Centre, Bowen Island

You are invited to participate in this Advent retreat. A quiet, reflective time of waiting – expecting – the Light, the Light who came to be the light of the whole human race – the Light through whom we are given life, lifting us from darkness and shining through the busyness common during this time. It is a time to dig deeply into ourselves and feed the very essence of our being with the food of new life, renewed faith, and enlivened hope.



We welcome all who have a Centering Prayer or Silent Meditation practice and called to deepen the practice in silence and solitude while in community.

Registration

Cost \$375 - includes retreat, private room with shower/bath, and meals.

A non-refundable deposit of \$50 by September 4th, 2026, will guarantee your space.

Final Payment due November 6th, 2026. Please include your contact information.

Partial scholarships are available upon request.

To register or to apply for a scholarship contact: **Margaret Huggan**: 778-839-8885 or mhuggan@telus.net. Payments may be made by e-transfer to mhuggan@telus.net or cheque to COGV, mail c/o Margaret Huggan, 208-3980 Carrigan Court, Burnaby, BC, V3N 4S6

For any other information contact:

Christine chris.kesans@gmail.com or 604-817-6840

Contemplative Outreach of Greater Vancouver is a chapter of Contemplative Outreach Ltd., which supports the practice of Centering Prayer in 143 countries. "We identify with the Christian contemplative heritage and recognize this to be the common ground of Christian unity."

For more information, please visit our website <http://www.cogv.org>