AN ADVENT TASTE OF SILENCE RETREAT

at St Philip's Anglican Church, 3737 W 27th Avenue, Vancouver

Saturday Nov. 28 2026 9.30am - 2.30pm

Co-hosted by Contemplative Outreach of Greater Vancouver & St Philip's Centering Prayer Group



COME! Join us, growing your relationship with God, and others in community. Set aside a personal silent retreat day at this sacred time of year. A new year is dawning!

Registration: 9.30 a.m. Refreshments and Connecting in Community.

Retreat/Silence: 10.00 am - 2.30 pm

Lunch: A simple meal of soup and bread will be provided, along with snacks and refreshment throughout the day.

Program: Centering Prayer in community. Lectio Divina, Personal retreat time and space. The focus of the day will be on our individual and personal relationship with God. We encourage you to bring along a journal and any other contemplative tools which enrich and inspire you, such as Daily Meditations, Psalms for Praying, other Scripture, and sacred works.

Layered clothing works best as room temperatures can vary.

Registration: Please email or call Margaret Huggan at mhuggan@telus.net or 778-839-8885 to register your intention to attend.

Donations: can be made on the day by cash or cheque or prior e-transaction mhuggan@telus.net Suggested Donation: **$30 - However** a contribution of any amount, in accordance with your means, is appreciated to help cover costs of facility rental, refreshments, and the work of COGV.

For further information Contact: **Christine Kesans: chris.kesans@gmail.com**

COGV is a chapter of Contemplative Outreach Ltd., which supports the practice of Centering Prayer Worldwide. "We identify with the Christian contemplative heritage and recognize this to be the common ground of Christian unity." For more information, please visit our website at http://www.cogv.org